



Teen Heart Screen

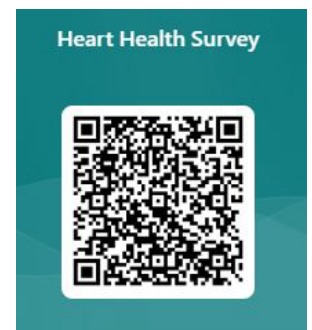
Tuesday, Oct. 29, 8 a.m. to 4 p.m. Hosted by Meridian High School

Why is this important?

Even teens who seem perfectly healthy may have hidden heart problems. Although the percentage is small, kids with undetected heart defects are at risk of sudden cardiac arrest which can happen without warning and can result in death. For people under 35, it is often due to hidden heart defects or undetected heart abnormalities. If a defect or abnormality can be identified early, it can be monitored throughout a person's lifetime.

What is included in the non-Invasive heart screening?

- Review of teen's heart health questionnaire including personal and family health history.
- Blood pressure, height, weight and body mass index measurements.
- An electrocardiogram (EKG).
- Chest-compression CPR and AED defibrillator training.
- On-site physician review of test results.
- Echocardiogram (if directed by physician).



Register today!

To participate in this free screening, a parent or legal guardian must complete and sign the Heart Health Survey on behalf of their teen or youth (under age 18). Completed surveys must be returned to the school nurse on or before Oct. 22.